

The Monarch Centre (The Sexual Abuse Survivors Trust) has been working in the community since 1992.

Our aim is to meet the needs of the sexually abused and their families; and to educate the community about sexual abuse, the effects, and the healing journey.

This is achieved through counselling and support services, advocacy, family and parent support, SAFECARE 24hour acute rape/sexual assault crisis service.



**391 Durham Street North  
Christchurch  
P O Box 944  
Christchurch 8140**

**Phone 03 377 5401  
sast@sast.org.nz  
Txt to 027 612 7920**



**Support  
for  
Parents,  
Caregivers &  
Family  
Members  
of Children who  
have been  
sexually abused.**

**FREE SERVICE**



Telephone  
03 377 5401

Annie Robertson  
Clinical Practice  
Manager  
MNZCCA

Anyone at any age can be a victim of sexual crime (whether sexual assault, sexual abuse or rape).

**Help  
is available**

## **What our Service Offers You**

- Immediate support for parents/ Caregivers and family members
- Ongoing support as appropriate
- Home visits or at our rooms
- Exploring options and support systems
- Confidential Service
- Resources and networking options
- Counselling referral as appropriate
- Parent/Caregivers and families self care and information pack
- ACC and non ACC Registered Counsellors
- Phone support available at the Monarch Centre 9am 4.30pm Weekdays 03 377 5401

**We believe that parents/caregivers and family members**

**Are** the best person/s to support their children through the trauma of sexual abuse/assault.

**Deserve** to be informed of all necessary proceedings and stages in recovery or investigation.

**Need** time and support as they explore what their role is for their child.

**Need** time and support to discover what their own feelings and needs are and attend to them.

### *Frequently asked questions:*

- What do I do now I know?
- What do I say to my child?
- What do I say to other people?
- Is it my fault?
- How can I keep my child safe?
- What can I do to help my child?